



The Tea  
**Leaf**

Empowering people towards employment



a vegan and vegetarian menu

## Do you have an allergy or food choice preferences?

Please speak to a member of our staff who can advise on the available menu options



## Breakfast (up until 11am)

**GF** Toast.....£1.95

*Two slices of toast with butter, speciality Jam, orange marmalade, marmite, or peanut butter*

**GF** Porridge.....£2.25

*Made with fresh seasonal fruit and maple syrup*

TeaLeaf Speciality Granola...£2.75

*Made with soya cream and maple syrup*

**GF** Scrambled Tofu.....£2.50

*On warm buttered toast*

**GF** Heinz Beans on toast....£2.50

Delicious savoury sausage...£2.45

*Served on on white or brown bread, with HP brown sauce or Heinz tomato sauce*

## Eleveneses (from 11am - 1pm)

Rosemary special.....£3.50

*Smashed avocado, with lemon, cracked black pepper on a granary or white toast*

**GF** Toasted Crumpets.....£1.95

*With butter and Speciality Jam*

Plain or fruit scone.....£2.50

*Butter & Strawberry Jam*

Tea Leaf luxury breakfast....£5.50

*Scrambled tofu with griddled tomato and avocado on a warm toasted bagel*

## Sandwiches

(Baguettes & Paninis)

All served with salad garnish, crisps and a homemade seasonal coleslaw

Mozzarella & Cranberry .....£3.95

Mozzarella, Pesto & Sundried Tomato....£3.95

Smashed Avocado.....£3.95

*Served with chickpea and lettuce with a chilli and lemon zing dressing*

Home-made Hummus & Salad .....£3.95

Falafel, Carrot & Lettuce.....£3.95

*Served with a sweet chilli sauce*

Cream cheese & lettuce .....£3.95

*Served with a sweet chilli sauce*

## Salads

Includes mix of salad leaves, tomato, cucumber, sweet baby carrots and peppers

**GF** Vegan Voila!.....£5.95

*Roasted peppers, spicy mushrooms, spicy couscous, lime wedge with basil & thyme dressing*

Falafel Salad .....£6.95

*Served with focaccia bread & homemade hummus and a sweet chilli sauce with a warm petit pan*

**GF** Ploughman's.....£5.95

*Cheese, homemade hummus, pickled onion, sweet pickle, mixed salad, crusty bread, sticky onion jam, seasonal coleslaw*



## Would you prefer a Gluten Free option?

Look for the 'No Gluten' icon next to our menu options for the GF alternative

### Jacket Potatoes

All jackets are served with a side salad generous butter portion and coleslaw

- GF** Heinz Baked Beans.....£3.95
- Cheese.....£3.95
- Coldslaw.....£3.95
- GF** Three Bean Chilli.....£3.95
- Cream cheese & sticky onion jam.....£3.95

### Soup of the day

Daily homemade special.....£3.95  
*Served with a warm petit pan and butter*

### Desserts

- Homemade Scone.....£2.50  
*Served with butter and speciality Jam*
- Seasonal ice cream.....£1.50
- Homemade Cake.....from £2.50  
*Choose from a selection from our cake stand*

### Candy Frappes

- Vanilla ice cream blended with Fry's / Bournville Chocolate.....£2.50



## ENTERPRISE EAST GROUP EVENTS



### Character Tea Parties

Why not book one of our themed tea parties with a special visit from your favourite character! We can arrange a private celebration with themed décor, menu and party favours.  
*From Mary Poppins, Alice in Wonderland, Harry Potter, to Disney, Paw Patrol, Fortnite, Unicorn and so many more!*

### School Holiday Activity Craft Days

Would your little ones enjoy a picnic lunch and an activity/play date?  
*Our activities include chocolate bouquet making, bauble decorating, balloon displays & balloon fun.*

### Monthly Supper Club

Would you like to know more about our themed dining experiences, with different menus every month filled with delicious food courses and a complementing drinks? *Supper club booking system is first come first served basis*

### Bespoke Event Catering

Interested? Find out more about the events by emailing [info@enterpriseeast.org](mailto:info@enterpriseeast.org) for further details & bookings

**Vegan Afternoon Teas** - Available on request

## Teas

Pot of speciality tea.....£1.95

- Breakfast Tea
- Decaffeinated Tea
- Fruit Flavour Tea
- Peppermint Tea
- Earl Grey Tea
- Green Tea
- Camomile

Pot of Loose-leaf tea.....£2.00

- Chocolate and Ginger
- India Darjeeling
- China Jasmine

## Coffees

Americano.....£1.75

Espresso (single).....£1.00

Espresso (double).....£1.50

Cappuccino.....£1.50

Flat White.....£1.50

Mocha.....£1.50

Latte.....£1.50

Cortado.....£1.30

*A single shot of espresso topped with a splash of smooth steamed milk*

Iced coffees.....£1.50

- Hazelnut
- Chocolate

Flavoured Syrup / coffee shots....25p

## Hot Chocolate

Hot Chocolate.....£1.75

*Cadburys hot chocolate - flat white*

Deluxe Hot Chocolate.....£1.95

*Cadburys hot chocolate with whipped cream, marshmallow & milk chocolate wafer stick*

## Soft Drinks

Bottled still or sparkling water....75p

*Served with ice and lemon*

Orange Juice.....£1.00

Apple juice.....£1.00

Canned drinks.....£1.00

- 7 up
- Pepsi
- Ginger Beer

Elderflower Cordial.....£1.00

*Served with ice and lime*

Milk (Soya or Almond).....75p

Milkshakes.....£1.95

- Chocolate
- Strawberry
- Banana
- Vanilla
- Chocolate Mint

Super Detox Smoothie.....£1.75

*Kale, cucumber, mint and pineapple blended with fresh apple juice*

Smoothies.....£1.25

- Wild berry smoothie
- Mango & Pineapple



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